



# Emotion Charades

- Create a list of ten animals and ten emotions and write each on a separate slip of paper.
- Put all the animals in one hat/bucket and all the emotions in another.
- Have a participant pick an emotion and an animal out of each. They then will act out the emotions as the animal. Example: Sad Lion
- The other participants should try and guess the emotion and the animal being acted out.
- The person that guesses correctly is next to draw an emotion and animal.
- Continue until all participants have had a chance to go.
- You could also break the group up into teams to create a friendly competition.

This could be a good activity to do with kids in your program space or classroom. Have them come up with their own animals and emotions.

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